

# ADEEGA DHIBANAHA

|                                                                            |                |
|----------------------------------------------------------------------------|----------------|
| Isutaga Haweenka Aasiyaanka ee Minnesota                                   |                |
| (Asian Women United of Minnesota).....                                     | (612) 724-8823 |
| Aqalka Rajada(Casa de Esperanza).....                                      | (651) 772-1611 |
| Xarunta Sharciga (Centro Legal).....                                       | (651) 642-1890 |
| Xafiiska Qareenka Magaalada (City Attorney's Office).....                  | (651) 266-8740 |
| Xafiiska Qareenka Dagmada (County Attorney's Office).....                  | (651) 266-3222 |
| Xarunta Dhibanaha Dambiga (Crime Victim Hotline).....                      | (612) 340-5400 |
| Kooxda Gurmudka Qatarta Ilmaha (Children's Crisis Response Team)           |                |
| Adeega Dhalinyarta Degmada Ramsey .....                                    | (651) 774-7000 |
| Xarunta Waxtarka Aabaha (Father's Resource Center).....                    | (763) 783-4938 |
| Laanta Qalalaasaha Galmada & Qoyska (Family & Sex Violence Unit).....      | (651) 266-5676 |
| Gudiga Ficilka Beesha ee Qaniiska iyo Qaniisada (Udoodaha sharciga)        |                |
| (GLBT-General phone line).....                                             | (612) 822-0127 |
| Qadka Qatarta ee Qalalaasaha arimaha Qoyska ee Qaniiska iyo Qaniisada      |                |
| (GLBT 24 hr domestic abuse line).....                                      | (612) 824-8434 |
| Xukun Magangalyo ama Xukumamada Xanibaya Dhibka                            |                |
| (Order for protection or Harassment Restraining Orders).....               | (651) 266-5130 |
| Cisbitaalka Regions (Regions Hospital) .....                               | (651)254-3456  |
| Gargaarga Deg-dega (Emergency).....                                        | (651)254-3307  |
| Dhex-galka Saint Paul (Udoodo Sharci 24ka sac)                             |                |
| (Saint Paul intervention 24hr. advocacy).....                              | (651) 645-2824 |
| Adeegaha Dambiga Galmada (Qadka Qatarta 24ka sac.)                         |                |
| (Sexual Offense Service 24hr. Crisis Line).....                            | (651) 643-3006 |
| Barnaamijka Dhex-galka Dhibanaha (Victim's intervention Program, Inc)..... | (651)-266-5674 |
| U doodaha Dumarka (Hooy) (Women's Advocates shelter).....                  | (651) 227-8284 |
| Wadada Isutaga Wicida Koowaad ee Caawinaada (weecid deg-deg ah)            |                |
| Unted Way First Call for Help (Emergency Referral).....                    | 211            |

## XUQUUQDA IYO ADEEGA DHIBANAYAASHA OO DHAN

1. Xaq ayaad u leedahay inaad dalbatid deeq lacageed kabista waxyeeladii faldembiyeedkii dhacay awgeed. Deeqdan ma daboolleyso hantida luntay. Waxii macluumaad ah iyo arjigaba Wac (651)201-7300 debadda magaalooyinka mataanaha Wac 888-622-8799 dadka maqalka ku adag wac 651-205-4827
2. Xaq ayaad leedahay inaad ka codsato hayadda sharci fulint iney shaacinin macluumaadkaaga. Hayadda sharci fulinta ayaa go'aan ka gaari doona inay suragaltahay iyo in kale.
3. Xaqbaad u leedahay haddii xadgudub lagugu eedeeyo in loo sheego ka qaybqaatiyaasha fulinta dembi oogista,waxaad ka maxkamadda ka dalbankartaa in magdhaw lagaa siiyo xadgudbaha. Haddii aad u maleyneyso in xaquuqdaada lagu xadgudbay dhibana ahaan, wac waxxda qaybta cadaalada dhibanayaasha 651-201-7310 ama 800-247-0390

Haddii aad fahmin xuquuqdaada ama waxkasta oo kaarkan ku qoran, Wac telefoonada sare qof ayaa ku caawindoona.

Crime Victim Card Somali PM 635-1/07R (Somali)

Magaca Sarkaalka/Baaj Iambarka

Lambarka Cabashada

367 Grove Street  
Saint Paul, MN 55101  
(651) 291-1111  
Waxda Booliska Saint Paul  
Macluumaadka Dhibanaha

## Dhibanaha lagu xadgudbay

1. Waad awoodaa in garyaqaanka magaalada ama degmada u gudbisid ama xareysid cabasho dembiyeed
2. Waxaad xaq u leedahay inaad maxkamad aadid oo arji xareysid oo aad codsasid in lagaa ilaaliyo xadgudubka iyo dhib.

Amar-maxkamadeedka waxaa ku mid ah kuwo hoose

- a. In la amro xadgudbaha in lagaa joojiyo halistiisa dambe
  - b. In xadgudbaha gurugaaga ka guuro
  - c. In xadgudbaha laga ilaaliyo gelitaanka guriga, iskuulka, meheradaha iyo meelaha shaqada.
  - d. Digniin siin adiga, iyo waalideenta ilaaliya caruurta ama dadka booqashada ah.
  - e. In amar toos ah la siiyo xadgudbaha inuu bixiyo masaruufka caruurta haddii ay maxkamad amartay sidaas inuu sameeyo.
3. Xaqbaad u leedahay in ogeysiis lagu siiyo haddii garyaqaanka dacwada ka baxo ama uu joojiyo.

Lambarka telefoonka adeegyada iyo u diridda goobaha caawinta eeg boga kale.