Hitting, Pitching and Catching Clinics





At the Rice and Arlington Batting Cages

1500 N. Rice St., St. Paul, MN 55117 651~558~2117

Joe Wallraf played for the University of Minnesota baseball team 1987-1991. Joe was a student coach at the University of Minnesota while earning his Masters in Education. Additionally, Joe has coached youth athletes from ages 9 to 21. Joe is the owner of Full Count Baseball and has facilitated clinics for the University of Minnesota, Minnesota Twins, MYAS and individual community organizations around the state of Minnesota.



Joe Wallraf

2015-16 PITCHING, CATCHING AND HITTING CLINICS

Players will learn the fundamentals and mechanics in the area of Pitching, Catching, or Hitting. Each week new material will be covered bringing your ballplayer to their highest level. All sessions will be held on Sunday's at the Rice and Arlington Batting Cages. To register please call the Rice and Arlington Batting Cages or visit tinyurl.com/JoeWallraf.

| For more information |
|-------------------------|
| Please call the Rice & |
| Arlington Batting Cages |

651-558-2117

<u>Hours:</u>
M-Th 12-8 pm
F 12-6 pm
Sa 10 am-6 pm
Su 11:30 am-5:30 pm



| 2015-2016 Clinics | Hitting Clinic | Pitching Clinic | Catching Clinic |
|--------------------|-----------------------|-----------------------|------------------------|
| Dates (Sunday's) | 10:00 - 10:45 AM | 10:45 - 11:30 AM | 11:30 AM - 12:15 PM |
| Session 1 | \$25.00 per class | \$25.00 per class | \$25.00 per class |
| Nov. 15, 22 | \$40.00 for session 1 | \$40.00 for session 1 | \$40.00 for session 1 |
| Session 2 | \$25.00 per class | \$25.00 per class | \$25.00 per class |
| Dec. 6, 13, 20 | \$60.00 for session 2 | \$60.00 for session 2 | \$60.00 for session 2 |
| Session 3 | \$32.50 per class | \$32.50 per class | \$32.50 per class |
| January 3, 10, 17 | \$75.00 for session 3 | \$75.00 for session 3 | \$75.00 for session 3 |
| Session 4 | \$32.50 per class | \$32.50 per class | \$32.50 per class |
| February 7, 14, 21 | \$75.00 for session 4 | \$75.00 for session 4 | \$75.00 for session 4 |
| Session 5 | \$32.50 per class | \$32.50 per class | \$32.50 per class |
| March 6, 13, 20 | \$75.00 for session 5 | \$75.00 for session 5 | \$75.00 for session 5 |
| Session 6 | \$32.50 per class | \$32.50 per class | \$32.50 per class |
| April 3, 10, 17 | \$75.00 for session 6 | \$75.00 for session 6 | \$75.00 for session 6 |